

Earn Professional Development Credits Using SunSmart America™ K-12 Sun Safety Education

Empowering students to make critical sun safe choices for a healthy life!

Thank you for taking a leadership position and being SunSmart™ in your classroom; you help save lives!

The intention of SunSmart America's elementary school program is to raise awareness in children and adults about the importance of skin cancer/melanoma prevention and early detection, and to empower them to make critical sun safe choices for a healthy life. One or more sunburns before the age of 18, more than doubles one's chances of acquiring melanoma later on. This program will assist teachers and parents in developing positive attitudes in their students that will ultimately lead to healthy behaviors regarding being Sun Smart.

Each grade level, in an appropriate manner, focuses on the five safety rules of SunSmart America™, and is proven to establish a knowledge, attitude and behavior exchange among students regarding protection and prevention of skin cancer, especially melanoma, its deadliest form.

Lessons are correlated to the benchmarks of the Sunshine State Standards, and have been updated consistently, to reflect the best sun safe protocols and education obtainable, from entities such as the American Academy of Dermatology, American Cancer Society and The Skin Cancer Foundation, to name a few.

1. There are four lessons and four independent objectives at each grade level.
2. Each core lesson will take approximately 30 minutes to complete.
3. A variety of reinforcement activities are available per lesson.
4. Lessons can be integrated into different disciplines:
 - a. Science
 - b. Health
 - c. Language Arts
 - d. Math
5. Certain lessons include the following, making them cross disciplinary:
 - a. Persuasive writing activities
 - b. Social Studies activities
 - c. Mapping
 - d. Art Projects
 - e. Math Calculations
 - f. Graphing



All lessons are divided into the following manner:

1. A pre/post test. Given at the beginning of each lesson and at the end of the final lesson.
2. Sunshine State Standard correlations appear on the top of the first page of each lesson. These correlations between lessons/standards were made and reviewed by elementary school teachers.
3. Lesson Design
 - a. Objective
 - b. Pre-assessment
 - c. Discussion
 - d. Classroom Activities
 - e. Home Activities
 - f. Post-Assessments at the end of the final lesson

Thank you and good luck!